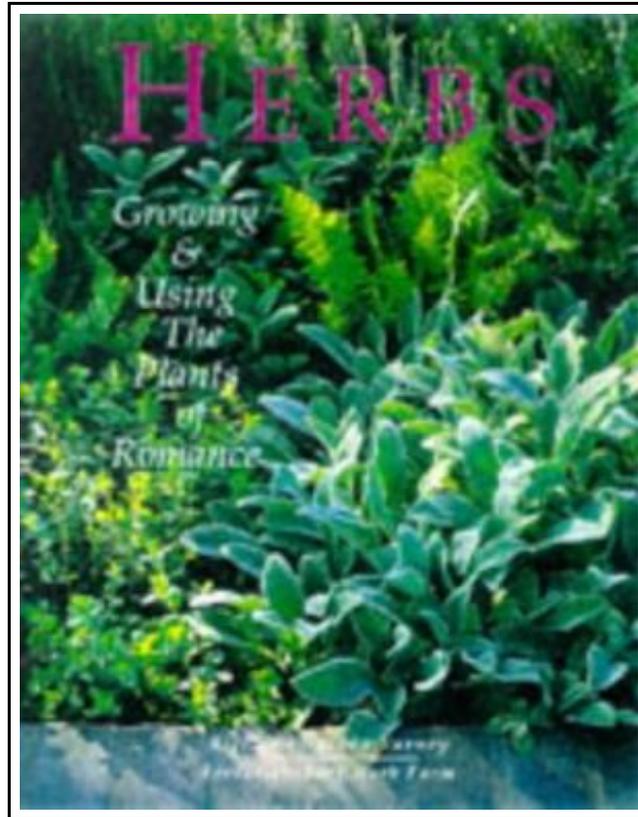


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Ironwood Press, U.S., United States, 1999. Paperback. Condition: New. Language: English . This book usually ship within 10-15 business days and we will endeavor to dispatch orders quicker than this where possible. Brand New Book. Herbs have been humanity s pharmacy and spice rack since the dawn of civilization and many botanists today believe that the healing properties of herbs have yet to be fully explored. New Bill and Sylvia Varney share their hands-on knowledge of herbs gained through two decades of experience in herb farming. In this practical book, the Varneys have distilled a wealth of information on growing and using herbs. They show how herbs can make everyday living more interesting--and more flavorful--with practical instruction in using herbs in recipes from breads to vinegars; creating natural herb lotions, bath salts, and oils; growing herbs in containers; planning herb gardens for culinary, medicinal, cosmetic, and fragrance use. The heart of the book is its Gallery of Herbs, providing not only complete descriptions of more than one hundred varieties--with advice on planting, care, harvesting, and use--but also a host of recipes and tips. A chapter on planning an herb garden features landscaping ideas, followed by gardening instructions that tell you what you need to know about soil, watering, propagating, and pest control. The book concludes with a host of additional how-to recipes for both the kitchen and home.



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