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# HOPEFUL HEALING: ESSAYS ON MANAGING RECOVERY AND SURVIVING ADDICTION (PAPERBACK)



Beyond Words Publishing, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book. Actress and author of the courageous New York Times bestselling memoir High on Arrival, Mackenzie Phillips brings her knowledge and voice on the subject of recovery for the first time, and shares her experiences for those who are trying to overcome addiction. As the daughter of lead singers of the 1960s band The Mamas and The Papas, Mackenzie Phillips grew up in a dysfunctional environment...

#### Read PDF Hopeful Healing: Essays on Managing Recovery and Surviving Addiction (Paperback)

- Authored by Mackenzie Phillips
- Released at 2017



#### Reviews

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